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## CLAIMS

- A probiotic composition comprising at least two lactic acid bacterial strains, characterized 5 in that said at least two lactic acid bacterial strains are able colonize the gastrointestinal tract of humans and animals and in combination have at least two beneficial properties, which are an intestinal survival property, an intestinal binding property, an infection protecting 10 property, and a fiber fermenting property, said at least two lactic acid bacterial strains being selected from the group comprising Lactobacillus plantarum F5 (LMG P-20604), Lactobacillus plantarum F26 (LMG P-20605), Lactobacillus plantarum 2592 (LMG P-20606), Pediococcus penosaceus 16:1 15 (LMG P-20608), and Leuconostoc mesentorides 77:1 (LMG P-20607), Lactobacillus plantarum 50:1 (P-20609), and Lactobacillus paracasei (paracasei) F19 (LMG P-17806).
  - A probiotic composition as in claim 1, chara c't e r i z e d in that said lactic acid bacterial strains are viable bacteria of at least 10<sup>10</sup> CFU/q.

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- 3. A probiotic composition as in claim 1, char a c t e r i z e d in that said intestinal survival property is ability to grow in the presence of bile.
- 4. A probiotic composition as in claim 1, c h a r a c t e r i z e d in that said intestinal survival 25 property is ability to survive at a low pH.
  - 5. A probiotic composition as in claim 4, c h a r a c t e r i z e d in that said ability to survive at low pH is survival at low pH in the presence pepsin.
- 30 6. A probiotic composition as in claim 1 and 4, characterized in that said intestinal survival property is ability to produce stress proteins.
  - 7. A probiotic composition as in claim 6, characterized in that said stress proteins crossreact with heat shock proteins.

- 8. A probiotic composition as in claim 1, c h a r a c t e r i z e d in that said intestinal binding property is ability to bind to mucin.
- 9. A probiotic composition as in claim 1, c h a r 5 a c t e r i z e d in that said intestinal binding property is ability to bind to extracellular matrix proteins.
  - 10. A probiotic composition as in claim 1, c h a r a c t e r i z e d in that said intestinal binding property is ability to bind to glucosaminoglycans.
  - 11. A probiotic composition as in claim 1, c h a r a c t e r i z e d in that said intestinal binding property is ability to express cell surface hydrophobicity.
- 12. A probiotic composition as in claim 1, c h a r -15 a c t e r i z e d in that said infection protecting property is ability to produce bacteriocins.

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- 13. A probiotic composition as in claim 12, c h a r a c t e r i z e d in that said bacteriocins have activity against grampositive bacteria.
- 20 14. A probiotic composition as in claim 12, c h a r a c t e r i z e d in that said bacteriocins have activity against gramnegative bacteria.
- 15. A probiotic composition as in claim 12, c h a r a c t e r i z e d in that said bacteriocins have 25 activity against yeast.
  - 16. A probiotic composition as in claim 1, c h a r a c t e r i z e d in that said infection protecting property is ability to produce antioxidants.
- 17. A probiotic composition as in claim 1, c h a r 30 a c t e r i z e d in that said infection protecting property is ability to induce a pro-inflammatory cytokin response.
- 18. A probiotic composition as in claim 1, c h a r a c t e r i z e d in that said fiber fermenting property
  35 is ability to ferment amylopectin and inulin.

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19. Use of a lactic acid bacterial strain, selected from the group comprising Lactobacillus plantarum F5 (LMG P-20604), Lactobacillus plantarum F26 (LMG P-20605), Lactobacillus plantarum 2592 (LMG P-20606), Pediococcus penosaceus 16:1 (LMG P-20608), and Leuconostoc mesentorides 77:1 (LMG P-20607), and Lactobacillus plantarum 50:1 (P-20609), alone or in combination, as a probiotic additive in food or feed.

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